

# HOW TO MAKE A *JIZOS FOR PEACE* PANEL

## List of supplies:

1. **White Muslin cloth pieces. (10 \_ x 13 inches or 26.5x33 cm)**
2. **A Jizo panel template. (see download)**
3. **Ultra-fine tip black permanent pens (extra fine point Sharpies are good)-- one for each person.**
4. **A photo of yourself.**
5. **Fabric markers, Colored markers, paint, or crayons.**
6. **Jizo stamps and stamp pad (optional).**

## Instructions:

1. Place the template under the cloth. Using the ultra fine point pen, trace the template edges onto the cloth. This will give you an 8 \_ x 11" (21.5x28cm) working space and a two inch margin. The margin is necessary in order to sew the panels together at the end.
2. Now you are ready to work on the panels. First write your peace message at the top, directly onto the cloth. Next, write your name, age, and hometown (including your country) at the bottom. Leave a space for your photo in the bottom right corner.
3. You can use rubber stamps, trace Jizos from the examples provided, or draw Jizos freehand. They are simple to draw (see the examples). You can add more Jizos by simply showing their heads and shoulders in the back rows. Many people draw 108 Jizos. Some people have fit as many as 1,000 Jizos onto one panel. Draw as many Jizos as seems appropriate for your design.
4. As you draw each Jizo, please recite the Jizo mantra silently: "OM KA KA KABI SAN MA E SOWA KA." When you finish making each Jizo, send a peace wish or prayer to a person or nation. "Peace in Iraq." "Peace for George Bush." "Peace for my family," etc.
5. After you have drawn the Jizos, add color using color pens, crayons, or paint.
6. Count the number of Jizos on your panel and write that number at the bottom in the space shown on the template.
7. Please include a donation with your panel to help cover the costs of assembly and taking it to Japan.
8. Groups of people may want to sew their panels together in a large banner. (See banner instructions.)

